

## **Tips for a Successful Walking or Bicycling Group**

Guides should wear a safety vest. Students should wear high-visibility clothing, proper footwear, consider bringing a water bottle, and carry adequate raingear and clothing for inclement weather. Also, consider carrying safety lights.

Plan a pedestrian- or bike-friendly route to school. Pause at pre-planned “stops” to add participating students to your group as you travel. **Contact GO Rideshare at 269-925-1137 or email [gallagherk@swmpc.org](mailto:gallagherk@swmpc.org)** if you would like help with choosing a route and preparing maps.

Always follow pedestrian or bicycling rules and safety guidelines. Cross streets using marked pedestrian areas or bicycle lanes whenever possible.

Maintain a schedule that allows a margin of time. Plan in advance how changes to the usual routine will be handled. Organize a “phone tree” list so last-minute changes can be communicated quickly to your group.

### **Establish group ground rules that could include:**

- Children should be ready and waiting.
- Decide who will be at the end of the group, making sure the group stays together.

*Have fun!* You could name your group, decorate your backpacks or bicycles, and do something fun with your group’s families from time to time.